

### FHCYC Menu for 2023

	<b>Breakfast</b>	<b>Lunch</b>	<b>Dinner</b>
<b>Saturday</b>			Lunchmeat sandwiches Side salad Cookies
<b>Sunday</b>	Cereal Oatmeal	Chicken Patty Sandwiches Chips	Pizza Jello Salad Bar
<b>Monday</b>	Pancakes Bacon Oatmeal	Hamburgers Fries Fried Pickles Brownies	Lasagna Roll Cooked cauliflower/Broccoli Cookies
<b>Tuesday</b>	Biscuits & Gravy Scrambled Eggs Sausage Links Oatmeal	Hot dog w/ Chili Baked Beans Potato Salad Rice Krispie Treats	Turkey & Gravy Mashed Potatoes Green beans Roll Jello-Cake
<b>Wednesday</b>	French Toast Sticks Egg Omelet Bacon Oatmeal	Grilled Cheese Tomato or Broccoli Soup Sugar Cookies	Spaghetti Meatballs Garlic Bread Yellow cake/ Chocolate icing
<b>Thursday</b>	Cinnamon roll Bacon Oatmeal	CKN Tenders Corn Tatar Tots Dirt Pudding	Walking Tacos Fiesta Corn Refried Beans Cookies
<b>Friday</b>	Biscuits & Gravy Sausage Hashbrowns Oatmeal	Hamburgers Mac and Cheese Chips Banana Pudding	Ham Baked Potato Broccoli & Cheese Roll Apple Crisp
<b>Saturday</b>	Cinnamon Rolls Cereal		

\*Fresh Fruit and oatmeal can be served with each breakfast.

\*Full salad bar should be available during each lunch and dinner.

\*Peanut butter and bread should be available at all meals as an alternative.

\*Eggs can be made available during each breakfast for those needing more protein options. Possible options: boiled, scrambled, egg patties, or the egg & cheese omelets.